



HEFFRON PARK • MAROUBRA

RANDWICK NETBALL

The Weekly — Members' Newsletter

GRAND FINAL EDITION

2026 Winter Season

GRAND FINAL DAY

Saturday 19 September

Heffron Park Netball Centre • Fitzgerald Avenue, Maroubra • From 8.00am

Every Grand Final team, every coach, every family — and all of Randwick cheering them on.

Hello Randwick Family,

Congratulations to every team that has made it to the big dance. Saturday will be a fantastic day for all of our players and coaches. Playing in a grand final is a great achievement in itself — so soak up the atmosphere, enjoy the experience and, most importantly, have fun out there.

IT TAKES A VILLAGE TO WIN A GRAND FINAL

No team gets to a grand final on its own. Behind every one of our Saturday teams is a support crew who has turned up week after week — the training sessions on dark weeknights, the games played in the pouring rain, the lifts to and from Heffron, the oranges at half time and the encouragement on the sideline.

To our coaches, managers, umpires, scorers and timekeepers, parents, grandparents, club committees and volunteers — thank you. It takes a village to win a grand final, and every single part of that village is what makes it happen.

NOT PLAYING ON SATURDAY? COME DOWN AND CHEER

If your team is not part of a grand final this year, we would love to see you at Heffron Park on Saturday. Bring the family, bring your teammates and come and support our grand final teams. Join in with our netty community and help everyone celebrate the end of a wonderful 2026 Winter Season.

PREMIERS! UTS RANDWICK SPARKS WIN THE U23 PREMIER LEAGUE



UTS Randwick Sparks — 2026 IMB Bank Premier League U23 Premiers.

What an outstanding achievement. Our UTS Randwick Sparks U23 team has won the 2026 IMB Bank Premier League Grand Final — premiers! Congratulations to coaches Kaz, Jo and Alice, and to every player, manager, strength and conditioning and physio team member, training partner and volunteer who was part of this campaign. Winning at this level takes talent, commitment and resilience, and an enormous amount of work behind the scenes.

We also want to recognise our Opens, who finished an impressive fifth in an extremely competitive 18-game season and came agonisingly close to a finals berth. Well done to the players and to coaches Ali, Julie and April — the foundation they have laid this year will serve the Club well in the seasons ahead.



The final whistle — pure joy on court.



Medals, confetti and a whole lot of smiles.



Randwick juniors delivering the match ball on Grand Final night.

This premiership is about more than one night on court. It shows what a connected pathway looks like — from NetSetGO and our junior club competition, through our RNA Representative and Metro programmes, into the UTS Randwick Sparks Academy and on to Premier League. Our young players can now see exactly where their netball can take them.

“Premierships are special, but building a program and culture that can continue to produce success across the Club and through our RNA pathways is even more significant.”

— UTS Randwick Sparks



Get trial-ready with UTS Randwick Sparks. Our Sparks are running a Rep Ready Junior Netball Clinic at Heffron Park, coached by Sparks coaches and players and joined by two very special guest coaches — Australian Diamond **Sophie Dwyer**, and Super Netballer and former Spark **Amy Sligar**.

This is a rare chance to train with players at the very top of the game. The clinic sharpens the specific skills selectors look for — footwork, ball handling, game awareness and decision-making under pressure — to help you walk into trials with confidence.

Sessions

Thursday 17 September, 5.00pm – 7.00pm

Sunday 20 September, 3.00pm – 5.00pm

Thursday 24 September, 5.00pm – 7.00pm

Heffron Park • \$150 for the full programme • 11 – 15 years (born 2012–2016)

Spots are limited — register now:

trybooking.com/events/landing/1635858



Nominations are open! Over 130 teams enter our Spring Super Shot Comp, and it is easy to see why. It is fun, social netball for all skill levels, with the Super Shot in play to add an extra bit of excitement to every game. Grab a team of friends, or come on your own and we will find you one.

We are delighted to announce that **Clarity Pool Management** is the naming sponsor of this year's comp. Clarity have backed Randwick for some time now, and this is a wonderful step up in that support. Thank you — it is appreciated more than you know.

Wednesday nights at Heffron Park • 14 October to 2 December

Only three weeks to go — register your team now so you do not miss out on the fun. Head over to our website:

randwicknetball.com.au/springr-super-shot-competition-2/

FUEL TOMORROW — OUR COACHING PROGRAMMES WITH GATORADE

The season may be ending, but our coaching programmes are just getting started. Through our Gatorade Fuel Tomorrow partnership we are offering free coaching, mindset and nutrition programmes for every coach, parent and player at Randwick. Sign-up to Coach Hub by Gatorade is part of registration for every session — it is free and takes about two minutes.



Coaches Clinics



Next Step Coach U



The Teal Way



Fuel Tomorrow

Free Specialist Coaches Clinics (Fuel the Game)

Our free on-court clinics start next week at the Heffron Indoor Centre, 6.30pm – 7.30pm.

- **Monday 21 September** — Midcourt with Paige Hadley, NSW Swifts midcourter
- **Monday 28 September** — Defence with Dylan, NSW Swifts Coach
- **Monday 28 September** — Shooting with Grace Whyte, the up-and-coming Diamonds and NSW Swifts goal shooter

Players learn from the best, and coaches learn how to teach the drills that make their players the best. Registration is through our website, and signing up to Coach Hub by Gatorade is part of registration for every session.

Book your spot: randwicknetball.com.au/specialist-clinic-for-coaches-2/

Next Step Coach U

A new series of Monday night workshops through October and November at the Heffron Centre, 6.30pm – 7.30pm. It is for our 11s, 12s and 13s — and the young coaches who take them there. The sessions are led by Mojela and Brie, the most successful junior coaches at Randwick, who have taken our girls to three State titles in three years of coaching. Players pick up the skills that bridge the gap between club and representative netball, and coaches get the inside knowledge on running a successful training session. Coaches attend free and places will fill quickly — register at randwicknetball.com.au.

The Teal Way

Our beginner coach programme for Randwick players aged 14 to 15. It covers the Netball Australia Foundation Coach Course, four practical workshops, an on-court practicum with our Under 11s Talent Development Teams, and then support into the Netball NSW Development Coach Course. Teal Way Coaching Scholarships will cover accreditation fees for selected coaches. Intake dates will be announced shortly, and expressions of interest are open through Coach Hub.

Coach & Parent Development Series

This series brings together three streams:

- **Mo'onia Gerrard OAM** on the parents' role across the pathway
- **Launch U** with Tarsha Saint on mindset and mental performance

- **Fuel for Success** with Teigan O'Shannassy and Allie Smith on sports nutrition and mental resilience

We truly have the best in our programme, and we are beyond excited to get started.

THANK YOU TO OUR WONDERFUL SPONSORS

A huge thank you to our sponsors for supporting our netball community all season long: Randwick City Council, Dapcor, FDC, Sydney Wyde, Windowline, NGF, Girvan, E-Lab, Generate Property Group, The Seals, Gilbert, APT Roofing, The Juniors, Community Bank Clovelly, Robertson's, YS Physio, People First Bank, Hoops and Clarity Pool Management.

Your support is what allows us to make sure netball is always the winner, and that Randwick girls can grow up knowing they can do whatever they dream of doing.

We have invited all of our valued sponsors to join us at Heffron Park on Saturday. If you see them there, please say thank you.

Three cheers for our opponents. Three cheers for our umpires. One cheer for us. And a handshake at the end.

Kindness Wins.

Jenny Morrissey

President | Randwick Netball Association

WITH THANKS TO OUR WONDERFUL SPONSORS

