

# Coaches on Court #01

## WELCOME

- Welcome to the first edition of Coaches on Court, a monthly newsletter aimed at supporting Coaching Convenors around NSW in their vital role of connection, support and development.
- It is Coaches that create the experience for athletes to love the game and to challenge them to grow on and off the court.
- And it will be Coaches through connection, innovation and collaboration that will find opportunities in the challenging times ahead to ensure that Netball remains the number 1 participation sport for girls and women.
- Netball NSW is here to support you. We encourage you to stay in contact with us, if there is anything you would like to see included in future newsletters please let us know.
- If there is a local news story you would like to share, please send it to us.
- This publication is about celebrating all things coaching in all regions around NSW.

## COVID-19 Update

- The impact of COVID-19 and the appropriate level of response is constantly evolving.
- Below is a link to the latest Netball NSW response to the situation for your reference.
- [UPDATE – 15 APRIL](#)
- [Frequently Asked Questions \(17 April 2020\)](#)

## Free Online Learning

- Also, encourage your coaches to log into their MyNetball account and complete a free online course.
- There are a number of courses that are available. [Click Here](#)
- Each course is worth 5 points for accreditation updating.

## Connect & Learn – Online Workshops

- The Netball NSW Performance and Pathways Team have been working hard to create a series of online workshops to challenge and empower coaches whilst they cannot be at the courts
- The workshops will be presented by leading Coaches including Former Diamonds Captain and Coach Jill McIntosh, Diamonds Specialist Shooting Coach Megan Anderson, GIANTS Academy Coach Bec Bulley, State Team 17U Head Coach Amber Cross and State Team 19U Head Coach Jen Wright.,
- These sessions will be 60 minutes in duration, will be delivered via Zoom in the comfort of your home, will cost \$10 and will count towards accreditation updating (5 points).
- The workshops will be limited to 20 per session. If popular, we will run multiple sessions of each workshop.
- [Connect & Learn Calendar and Details](#)
- Sessions are initially aimed at Representative Coaches, Premier League, Metro and Regional League Coaches
- Registrations for these sessions will be via MyNetball. The Sessions will be listed under “**Connect & Learn Coach**”
- Netball NSW would greatly appreciate the support of Coaching Convenors in promoting this wonderful learning opportunity.

## Development Face to Face Courses

- To host a Development face to face course, you will need to fill in the [Course Application Form](#)
- We recommend that prior to applying for a course, that you ensure you have coaches ready to attend. We will aim to have these courses ready to deliver as soon as government restrictions have been lifted.

### Updating Coach Accreditation

- We recommend that all coaches maintain a current level of accreditation.
- All levels of coaching accreditation are current for a period of 4 years, from the time of achievement.
- Updating Requirements of each level can be found in the below link [Updating Requirements](#)
- Coaches can manually request their own update via their MyNetball account.
- For any coach that has let their accreditation lapse for more than 12 months, they will need to contact -- [coaching@netballnsw.com](mailto:coaching@netballnsw.com)

### Coaching Database

- Netball NSW is currently compiling a statewide working database of coaches from Foundation to High Performance.
- This report, produced by MyNetball will be able to tell us on any given day who is current and who is expired.
- In the coming weeks we will be emailing each Association with a list of coaches. Please take the time to go through this list and highlight any errors or questions.
- We will also be emailing every “expired” coach to see how we can help them update their accreditation.

### Netball NSW Website

- The Coaching pages of the Netball NSW website have recently been updated.
- We encourage you to regularly visit to the [Netball NSW website](#) to familiarize yourself with its content on Accreditation, Updating, Courses & Workshops, resources and Performance & Pathways Coaching.
- Let your Coaches know about the freely accessible Coaching Resources:
- Foundation - Sparkle
- Emerging Talent - Strive
- Encourage your Coaches to have a look at the Athlete Pathway Framework.

### The Heart of Coaching

- The most important question any coach can ask is “Why do I Coach”
- This question provides you a wonderful opportunity to ask, listen and connect with your coaches
- Have a look at this thought -provoking short video from Wayne Goldsmith

[Watch the video](#)

### Messages on Coach culture from Julie and Briony

“In my role as the Swifts Coach creating a positive culture has been every bit as important as the work on court. The approach I take is to live the values and behaviours I set for my team on a daily basis. No one person is bigger than the team.”

**Briony Akle**, Head Coach, NSW QBE Swifts

“At netball, let’s be brave and cultivate a positive culture that proudly stands ourselves aside from other sports. Let’s trust that we can have a winning culture by taking care of process and then letting outcomes happen. Take a little time each session to connect with each athlete. Let them know you believe in them and you will light a fire well beyond the game.”

**Julie Fitzgerald**, Head Coach GIANTS Netball

### Contact Us

- To contact Netball NSW on all matters Coaching email – [coaching@netballnsw.com](mailto:coaching@netballnsw.com)
- One of the friendly Performance and Pathways Team will return your email as quickly as possible

## Mark Your Calendars

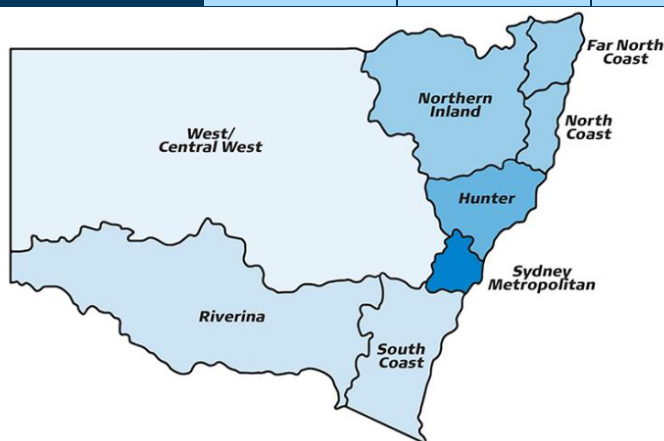
Date	Event	Venue	Registrations	Comments
<b>March</b>				
To Reschedule	Development Face to Face	Armidale District	8	<i>POSTPONED</i>
To Reschedule	Development Face to Face	Coonabarabran	3	<i>POSTPONED</i>
<b>April</b>				
To Reschedule	Development Face to Face	Randwick	2	<i>POSTPONED</i>
To Reschedule	Development Face to Face	Scone & District	2	<i>POSTPONED</i>
<b>May</b>				
To Reschedule	Development Face to Face	Moree PCYC	0	<i>POSTPONED</i>
To Reschedule	Development Face to Face	Orange PCYC	2	<i>POSTPONED</i>
<b>June</b>				
<b>July</b>				
Mon 27	Metro League	Netball Central		
Wed 29	Premier League	Netball Central		
<b>August</b>				
<b>September</b>				
<b>October</b>				
Sat 3 – Mon 5	Senior State Titles 15s & 17s	TBC		
Sat 3 – Mon 5	Junior State Titles	TBC		
Sat 17–Sun 18	Senior State Titles Opens & Masters	TBC		
Sat 17 – Sun 18	Social Masters	TBC		
<b>November</b>				
<b>December</b>				

## 2020 Accreditations

For further information in relation to the Netball Coach Accreditation Framework [Click Here](#)

Please [click here](#) for the course application form

Region	Advanced	Intermediate	Development
1. Sydney Metro		4	15
2. Hunter			29
3. West Central West		10	13
4. Far North Coast			9
5. South Coast			7
6. Northern Inland			0
7. North Coast			9
8. Riverina			27



Netball NSW acknowledges the various traditional custodians of the land across the wide netball landscape in NSW. The Aboriginal lands and water on which we build our courts, clubhouses, and facilities that are essential to our game are acknowledged as ancient and respected ground, and acknowledge the significant and ongoing contribution of local Aboriginal communities throughout the Netball NSW community.