



Randwick Netball Association

2019

Junior Representative Player Handbook



CONGRATULATIONS

You have achieved the honour of being selected in a Representative Team and Squad of this Association. As such you will be acting as an ambassador for not only this Association but also for your Club and family.

As a responsible team member, you are required to abide by the Code of Behaviour as outlined below.

As a representative of this Association you will be required to maintain the high standard of sportsmanship, dress and general behaviour that befits your selection.

Remember your behaviour will determine the opinions that people hold of this Association. We have a proud record so please strive to uphold it.

We hope you make the most out of the 2019 Season and look forward to seeing you grow as players and representatives of RNA.

Player Expectations

We encourage all players to perform at their best, as part of the Rep Team or Rep Train on Squad with a positive attitude in a competitive and friendly environment and encourage all RNA players to:

- Have and display respect and co-operate with your coach and team manager.
- Show respect, support and encourage fellow members of your team.
- Compete by the rules and always abide by and respect the Umpire's decisions.
- Commit to attend all training and fitness sessions as required by the coach
- Notify the Coach or Manager in advance of any absences stating reasons, if necessary you may consult the Junior Convenor for guidance.
- Continued player absence could lead to being asked to leave the team.
- Wear the correct Association Rep Team or Rep Train on Squad uniforms.
- Support all association fundraising activities.
- Commit to attend all Rep Carnivals entered in to.

Parent Expectations

We encourage the players parents to behave in a fair and respectful manner to:

- Your child's Coach and Team Manager.
- Fellow team members parents and parents of the opposing team.
- Support all association fundraising activities.

All parents and players of the RNA Representative Teams and Rep Train on Squads are expected to be aware and adhere to RNA's codes of behaviour as stated in the RNA fixture information.

[RNA code of behaviour](#)



REPRESENTATIVE PLAYERS AND CODE OF CONDUCT

1. I agree to abide by all Association Representative Policies and any other regulation as set down by the Association.
2. I agree to give priority to Representative Netball commitments including attendance at nominated association events.
3. I agree to attend and undertake all training required by the Coach, to attend all training and fitness sessions and I acknowledge that attendance at Rep. Netball training takes precedence over other general sporting commitments.
4. I agree to notify the Coach or Manager in advance of any absences stating reasons, if necessary I may consult the Junior/Senior Convenor for guidance.
5. I agree to refrain from smoking and or consuming alcohol while association events are in progress.
6. I will wear the Association representative uniform for the State/State Age Championships march past and presentation at carnival and championships for State League and Inter District matches and any other occasions as required by the association.
7. I will always be appropriately attired in approved representative clothing when representing the Association at any game, carnival, championship and fixture event or to other representative commitments.
8. I undertake to be available for the whole of championships, all nominated carnivals and representative matches
9. I agree to travel to and from championships in transport organised by the Association whenever transport is provided.
10. I agree to accept the decisions of the Coach as to the selection of the team to play in each match and to accept the directions of the Manager or other Association official.
11. I understand that I am insured under the insurance scheme of Netball NSW. I understand and that I may take out additional cover at my own expense.
12. I agree at all times to uphold the dignity and good name of the Association and to promote games of Netball NSW.
13. I agree to meet all financial obligations as outlined in the proposed cost form by the due date.

RNA Players' Code of Behaviour

1. Play by the rules.
2. Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
3. Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
4. Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
5. Be a good sport. Applaud all good plays whether they be by your team or the opposition.
6. Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
7. Cooperate with your coach, teammates and opponents. Without them there would be no competition.
8. Play for the fun of it, and not just to please parents and coaches.



RNA Parents' Code of Behaviour

1. Remember that children play sport for their enjoyment, not yours.
2. Encourage children to participate, do not force them.
3. Focus on the child's efforts and performance rather than winning or losing.
4. Encourage children to always participate according to the rules.
5. Never ridicule or yell at a child for making a mistake or losing a game.
6. Remember that children learn best by example. Applaud good plays by all teams.
7. Support all efforts to remove verbal and physical abuse from sporting activities.
8. Respect officials' decisions and teach children to do likewise.
9. Show appreciation of volunteer coaches, officials and administrators. Without them, your child could not participate.

2019 Fees

Representative Team fees are approximately \$600.00/player plus uniform.

Rep Train on Squad fees are approximately \$200.00/player

Fundraising Activities

To keep the cost of the representative program down RNA require all representative's parents to participate in its fundraising activities and will involve BBQ duties on Saturday mornings during the RNA Winter Competition. A roster will be organised by your team manager and you will be advised accordingly.

Training Sessions

All court sessions and fitness (*State Age Rep Teams only*) sessions are **compulsory** as set out on the RNA Calendar - <http://www.randwicknetball.com.au/calendar/>

If you are unable to attend, you must notify your team manager and Junior Convenor.

Age Group	Session time	Session
12's, 13's & 14's Team	Tuesdays 5pm - 7pm	Skills and Court Session
12's, 13's & 14's Team	Thursday 5pm - 6pm	Fitness Session
12's, 13's & 14's Team	Thursday 6pm - 7pm	Ball and Court Skills Session
11's Development Squad	Sundays 8.30am - 10.30am	Skills and Court Session
12's, 13's & 14's Squad	Tuesdays 5pm - 7pm	Skills and Court Session



Carnivals

Teams will be entered into district association carnivals during the season as set on the RNA Calendar. All Carnival entries will need to be confirmed closer to the dates. Help is required by the team managers to transport your team's tent and equipment to and from carnivals. A roster may be set by your team manager.

2019 Carnival Entries (still to be confirmed)

<i>Sunday-March 17, 19</i>	Bankstown	State Age Team entered 13s ONLY
<i>Sunday-April 7, 2019</i>	Penrith Carnival	State Age Rep Teams entered 12s, 13s & 14s
<i>Sunday-May 19, 2019</i>	Camden	State Age Rep Teams entered 12s & 14s
<i>Sunday- May 26, 2019</i>	Baulkham Hills	State Age Rep Teams entered 12s, 13s & 14s
<i>Sunday- June 2, 2019</i>	Liverpool	State Age Rep Teams entered 12s, 13s & 14s
<i>Sunday- June 23, 2019</i>	Campbelltown	State Age Rep Teams entered 12s, 13s & 14s

Rep Train on Squad & Development Teams

<i>Sunday-April 7, 2019</i>	Penrith Carnival	11s, 12s, 13s and 14s.
<i>Sunday- May 19, 2019</i>	Camden	11s, 12s, 13s and 14s.
<i>Sunday- June 30, 2019</i>	Manly	11s, 12s, 13s and 14s.